

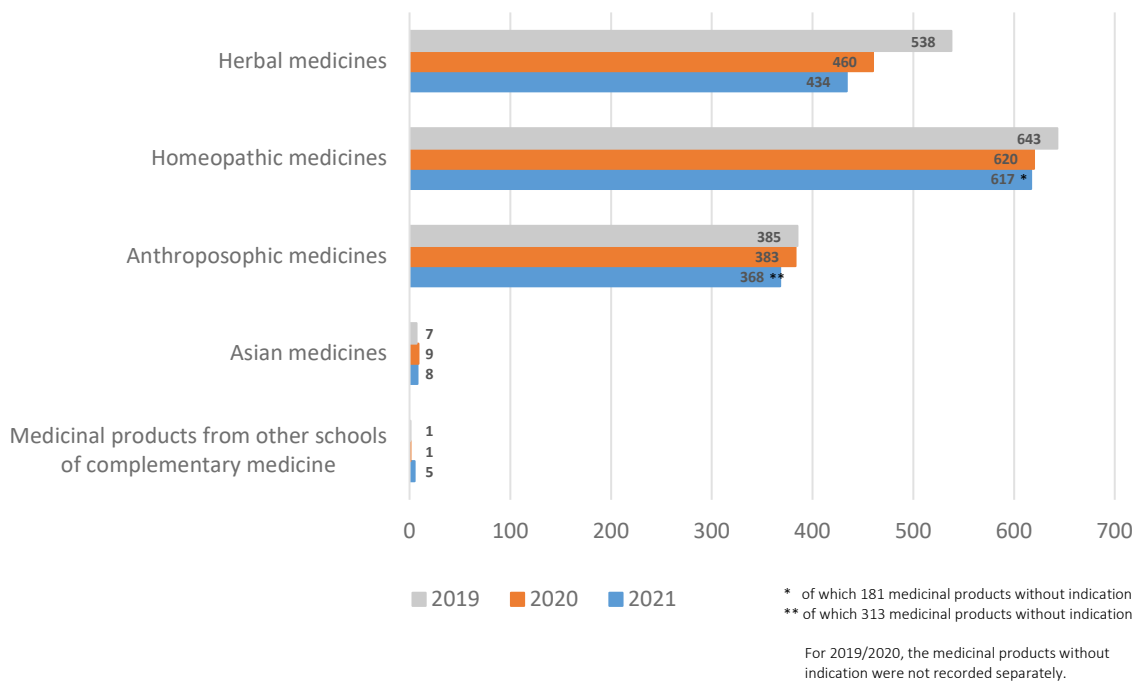


Authorisations of complementary
and herbal medicinal products
2021

The Complementary and Herbal Medicines (CHM) Department team

The Complementary and Herbal Medicines Department has 12 members of staff. All application types (new applications, variation applications), enquiries and company meetings in the area of *complementary and herbal medicines* are handled by this team.

Authorised complementary and herbal medicines, without notification procedure (2019 to 2021)

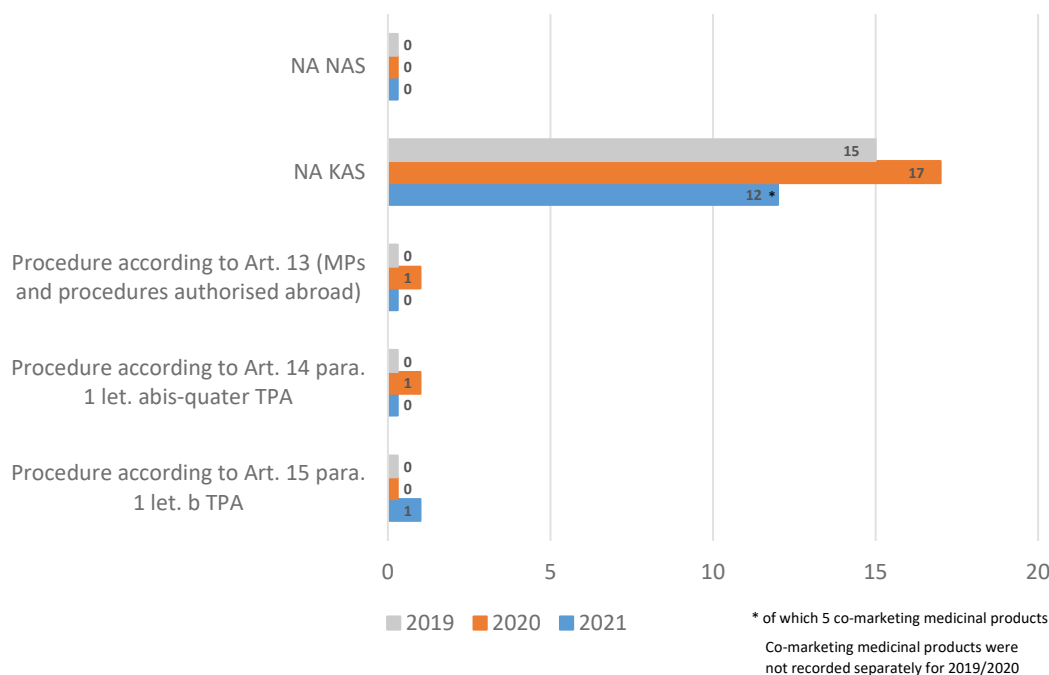


Homeopathic medicinal products¹ (43%) are currently the largest group among the authorised complementary and herbal medicinal products (without notification procedure), followed by herbal medicinal products (30%) and anthroposophic medicinal products (26%). Asian medicinal products and other complementary medicinal products used in alternative treatments² account for fewer than 1% of all authorised complementary and herbal medicines. The figures for authorised homeopathic and anthroposophic medicinal products include products both with and without indication.

¹ Homeopathic, homeopathic-spagyric / spagyric medicinal product, medicinal product used in Schüssler therapy

² Medicinal products for gemmotherapy

Concluded authorisation procedures Complementary and herbal medicinal products with indication (2019 to 2021)



The complementary and herbal medicinal products authorised in the year under review contained known active substances and were authorised under simplified procedures. No medicinal products with a new active substance were authorised. A herbal medicinal product with indication was authorised under the notification procedure according to Art. 15 para. 1 letter b TPA for the first time in 2021.

New authorisations of complementary medicinal products in 2021

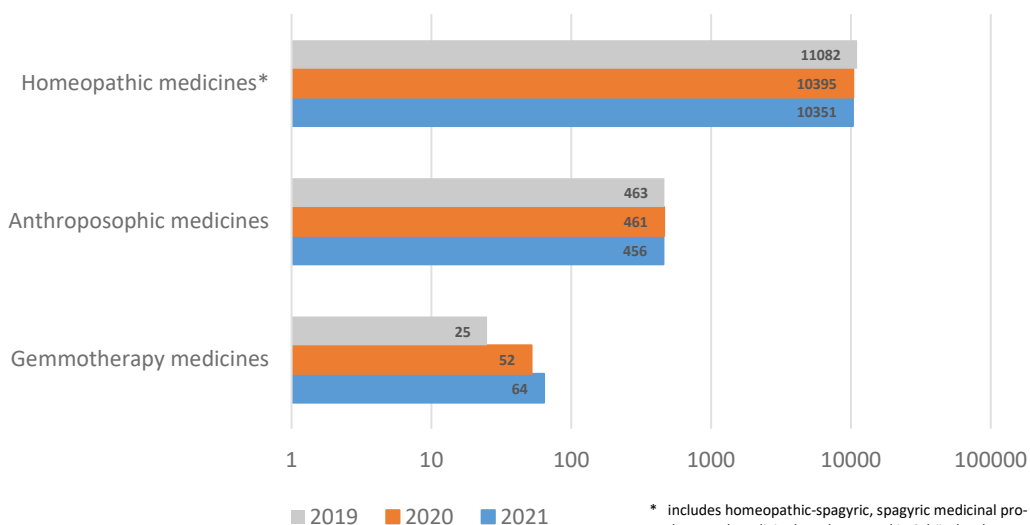
Authorisation number	Name	Indication
67364	Gemmo, Menopause, spray for use in the buccal cavity	According to the therapeutic principle of gemmotherapy, helps with the symptoms of menopause such as hot flushes.
67592	Selomida Ferravita, oral powder	According to the biochemical therapeutic principle of Dr. Schüssler, supports iron absorption in people with a propensity for iron deficiency as well as promoting blood formation, and alleviates associated symptoms such as fatigue, weakness and cold hands and feet.
67812	Similasan Travel Sickness, globules	According to homeopathic principles, for travel sickness (car, plane, boat, train, etc.) with symptoms such as nausea, vomiting and dizziness.
67813	Similasan Travel Sickness, tablets	According to homeopathic principles, for travel sickness (car, plane, boat, train, etc.) with symptoms such as nausea, vomiting and dizziness.

67986	Gemmo, Sleep & Calming, spray for use in the buccal cavity	According to the therapeutic principle of gemmotherapy, for problems falling and staying asleep, inner restlessness and anxiety.
67993	Gemmo Stomach Problems, spray for use in the buccal cavity	According to the therapeutic principle of gemmotherapy, Gemmo Stomach Problems can be used to alleviate heartburn and acid reflux and to ease nervous stomach problems.
68079	Gemmo Joint Pain, spray for use in the buccal cavity	According to the therapeutic principle of gemmotherapy, for use in adults to relieve joint pain due to arthritis and gout.
68409	Arteria-vita N, hard capsules	According to the therapeutic principles of Tibetan medicine, for circulation problems.

New authorisations of herbal medicinal products in 2021

Authorisation number	Name	Indication
68190	Essenssia, film-coated tablets	For low mood
68194	Fomina, tablets	For symptoms of the menopause.
68195	Namtab, film-coated tablets	For difficulty falling asleep, sleep disorders and restless sleep.
68300	Sidroga loose nettle leaves, 2-4 g / single dose	To increase urine volume in case of mild urinary tract problems.
68487	Claragine, film-coated tablets	To treat the symptoms of hay fever (allergic rhinitis).

Authorised complementary medicinal products without indication under the notification procedure (2019 to 2021)



Asian medicinal products under the notification procedure

Since 1 October 2021, TCM medicinal products without indication can be submitted under the notification procedure in the HOMANT Asia programme.